

THE FIRST SUNDAY IN LENT
SUNDAY, MARCH 9, 2025



“Turn our hearts around.
Flood our souls completely.
Wash us in your love.”

—From “Turn Our Hearts Around,” Lenten Sunday Gospel Hymn

LENT IS A SEASON SET APART . . .

A Rule of Life is a commitment to a core set of practices that support growth in a Jesus-Centered life. The Episcopal Church names its Rule of Life *The Way of Love*.

The Way of Love offers seven practices for a Jesus-centered life. One of them is TURN. During Lent 2025, St. Francis' liturgy and Lenten offerings will focus on this practice. When we TURN, we pause, listen, and choose to follow Jesus. With God's help, we can turn from the powers of sin, hatred, fear, injustice, and oppression toward the way of truth, love, hope, justice, and freedom. In turning, we reorient our lives to Jesus Christ, falling in love again, again, and again.

The *Book of Common Prayer* offers an ancient pastoral rite which can help us to turn to the way of truth, love and hope; it is called the Reconciliation of a Penitent (BCP, p. 447). In this sacramental rite, a person confesses their sins to God in the presence of a priest and receives the assurance of pardon and the grace of absolution. In other traditions, this rite is also called penance or confession. We invite you to take part in this powerful experience of naming and releasing those things that separate us from God to make new space for grace, restoration, and fullness of life, on Wednesday evenings in Lent from 5pm-7pm. See the newsletter link or email Laurie+ to set an appointment.

Liturgy: There are several significant liturgical changes. We open with the Great Litany. This emphasizes that Lent is a time for turning and re-turning to God. There is no Gloria and no speaking of the word "alleluia!" in Lent. We will hear these words on Easter Day! Finally, after the Post-communion prayer, the priest will offer a Solemn Prayer, instead of the usual blessing. This prayer changes with each week of Lent.

Colors: We replace the green of Epiphany with purple and burlap. Purple is the color of humility, penance, and wisdom that comes from inward discernment. It is also the color of royalty. The extreme differences between the two (humility and royalty) express one of the great lessons of Lent: Christ as the servant-king and our attempt to be as such to the world as well. In penitential theology, purple is the color of inward reflection, which is one of the important things we are called to do each Lent in preparation for Easter. Burlap is a rough and simple cloth. It signifies the fasting, doing without, of Lent.

Seating: Our chairs are turned to face one another. This stark contrast from our usual forward facing chair arrangement wakes us up to the Lent as a season of penitence. In Lent, we seek to turn to God more fully. We face one another to confess our need for God and the ways in which we have not loved God and our neighbors with our whole hearts.

Baptismal Font: The baptismal bowl is removed and Christ's cross replaces it. This serves as a reminder that "the spiritual grace of our baptism is union with Christ in his death and resurrection" (Book of Common Prayer, Catechism, p. 858).

We love pictures and videos, and we love sharing what we do on social media. When attending our events or services, you agree to our using pictures of you and any children in your charge on social media and elsewhere. If you prefer not to be included in photos or video, please inform a staff member or usher.

Please be seated and silent for the prelude as it prepares our minds and souls for the worship to come.

PRELUDE 10:30am only



TURN YOUR EYES UPON JESUS

ARR. MARILYN THOMAS



The congregation stands.

THE GREAT LITANY



At 8am, spoken.

Officiant  *People* 



O God the Father, Creator of heaven and earth, Have mer - cy up - on us.

Officiant  *People* 


O God the Son, Redeemer of the world, Have mer - cy up - on us.

Officiant  *People* 

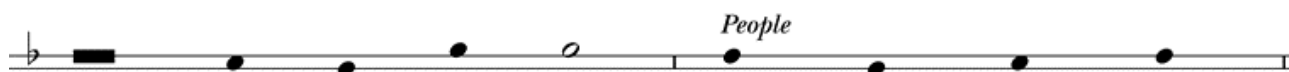
O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.

Officiant  *People* 


O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.

Officiant 

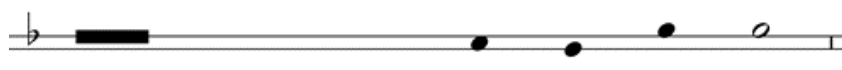
Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

People 

preserve us for ev - er. Spare us, good Lord.

Officiant 

From all evil and wickedness; from sin; from the crafts and assaults of the



devil; and from everlast - ing dam - na - tion,



Good Lord, de - liv - er us.

(This same response is sung after the petitions that follow)

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



We beseech thee to hear us, good Lord.

(This same response is sung after the petitions that follow)



Officiant Son of God, we beseech thee to hear us.

People Son of God, we beseech thee to hear us.

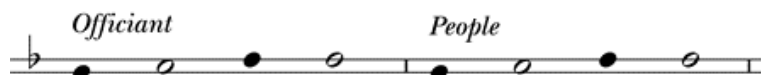


O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

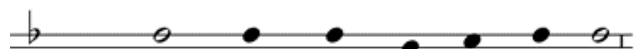
O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.



O Lamb of God, that takest away the sins of the world, Grant us thy peace.



O Christ, hear us. O Christ, hear us.



Officiant Lord, have mer - cy up - on us.

People Christ, have mer - cy up - on us.

Officiant Lord, have mer - cy up - on us.

THE COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

People **Amen.**

WE HEAR THE SACRED STORIES *Seated*

THE FIRST LESSON

Reader

A reading from the Book of Deuteronomy.

26:1-11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Hear what the Spirit is saying to God's people.

People

Thanks be to God.

GOSPEL ANTIPHON *Stand*

TURN OUR HEARTS AROUND

At 10:30am, we sing verses 1 and 2.

Refrain



Turn our hearts a - round. Turn our hearts a - round.



Flood our souls com - plete - ly, wash us in your love.



Turn our hearts a - round. Turn our hearts a - round.



Hold us in your mer - cy, change us with your love.

Verses 1-3



1. We cry out for you to heal and to
2. We have wan - dered and lost our way in life's
3. We have hun - gered for man - y things that are



set us free.
wil - der - ness. Bring us back. Turn our hearts a - round.
not from you.

D.C.

THE GOSPEL

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke. 4:1-13

People **Glory to you, Lord Christ.**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple,
saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,
to protect you,'

and

'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil
had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

GOSPEL ANTIPHON TURNS OUR HEARTS AROUND

At 10:30am, sing verse 3. Music on previous page.

SERMON

THE REV. LAURIE ANZILOTTI

After the sermon, silence is kept for a time.

PREPARATION OF ADULTS FOR HOLY BAPTISM

The Presider invites those adults preparing for baptism, called catechumens, to come forward with their sponsors. The admission of catechumens may take place at any time of the year, within a principal Sunday liturgy.

Presider What do you seek?

Catechumens Life in Christ.

Each catechumen shares about what they seek in baptism.

Presider Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." Do you accept these commandments?

Catechumens I do.

Presider Do you promise to be regular in attending the worship of God and in receiving instruction?

Catechumens I do.

Presider Will you open your ears to hear the Word of God and your heart and mind to receive the Lord Jesus?

Catechumens I will, with God's help.

The Presider then addresses the sponsors.

Presider Will you who sponsor these persons support them by prayer and example and help them to grow in the knowledge and love of God?

Sponsors I will.

The sponsors place a hand upon the shoulder of the one they are sponsoring, while the Presider extends a hand toward them and says:

Presider May Almighty God, our heavenly Father, who has put the desire into your hearts to seek the grace of our Lord Jesus Christ, grant you the power of the Holy Spirit to persevere in this intention and to grow in faith and understanding.

People **Amen.**

Each of those to be admitted is presented by name to the Presider, who, with the thumb, marks a cross on the forehead of each, saying:

Presider (Name), receive the sign of the Cross on your forehead and in your heart, in the Name of the Father, and of the Son, and of the Holy Spirit.

People **Amen.**

The sponsors also mark a cross on the foreheads of their catechumens, and then all return to their seats.

THE PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

Presider Let us share with one another a sign of Christ's peace.

We invite you to take a moment and extend the peace of God to the members of your household and then to people in the world that you love and struggle to love.

ANNOUNCEMENTS *Seated*

MEDITATION SONG *8:00am only*

TURN OUR HEARTS AROUND
PERFORMED BY TREVOR THOMPSON

LYRICS ON PG.7

THE OFFERTORY *10:30am only*

WHO WILL STAND UP
ST. FRANCIS' SINGERS

Who will stand up, Oh, who will stand up?
Who will stand up in the riv - er of glo - ry?
Who will stand up, Oh, who will stand up, stand up
in the king-dom of God?

The musical score is written on a single treble clef staff in 4/4 time with a key signature of one flat (Bb). It consists of four lines of music. The first line ends with a fermata over the final note. The second line ends with a fermata over the final note. The third line ends with a fermata over the final note. The fourth line ends with a double bar line.

At 10:30, as the ushers bring forth the offering, all stand.

THE GREAT THANKSGIVING

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is truly right, and good and joyful, to give you thanks all-holy God, source of life and fountain of mercy.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we say/sing:

Say at 8am: **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord.

Hosanna in the highest.

Sing at 10:30am:

Ho - ly, ho - ly, ho - ly Lord,
God of pow - er, God of might, heav - en and
earth are full of your glo - ry. Ho -
san - na in the high - est. Bless - ed the
one who comes in the name of the Lord.
Ho - san - na in the high - est, ho -
san - na in the high - est.

Presider

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me."

Priest:

Let us pro-claim the mys - ter - y of faith:

All

Christ has died, Christ is ris-en, Christ will come a - gain.

Christ has died, Christ is ris-en, Christ will come a - gain!

Presider Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world.

Bring us into the everlasting heritage of your daughters and sons, that with the Blessed Mary, St. Francis, St. Clare, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

People **Amen.**

THE LORD'S PRAYER

Presider And now, as our Savior Christ has taught us, we are bold to say,
People **Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those
 who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Presider breaks the consecrated Bread. A period of silence is kept.

Presider Christ our Passover is sacrificed for us.
People **Therefore, let us keep the feast.**

FRACTION ANTHEM

At 8am, spoken.

All **O Lamb of God, that takes away the sins of the world, have mercy upon us.
 O Lamb of God, that takes away the sins of the world, have mercy upon us.
 O Lamb of God, that takes away the sins of the world, grant us peace.**

At 10:30am, sung.

Cantor: All:

Je - sus, Lamb of God, you take a-way the sins of the world:
have mer - cy, have mer - cy on us.

Cantor: All:

1. Bread of life and sav - ing cup,
2. King of kings and Lord of lords, you take a - way the
3. Lov - ing Sav - ior, Prince of peace,
sins of the world: have mer-cy, have mer-cy on us.

Cantor: All:

Je - sus, Lamb of God, you take a-way the sins of the world:
have mer - cy, and grant us your peace.

Presider God's holy gifts for God's holy people.

Our bread is gluten-, dairy- and nut-free. This Eucharistic table does not belong to the Episcopal Church or to St. Francis'. This is God's table, and all are welcome. In the Episcopal Church, we receive both the bread and wine, the Body and Blood of Jesus. If you choose not to receive communion, please come forward and cross your arms over your heart to receive a blessing.

COMMUNION 10:30 only

FORTY DAYS AND FORTY NIGHTS

At 8am, sing verses 1 and 5 as Sending Hymn.



1 For - ty days and for - ty nights thou wast fast - ing in the wild;
2 Should not we thy sor - row share and from world - ly joys ab - stain,
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;



1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!
4 round us, too, shall an - gels shine, such as min - is - tered to thee.
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

THE GREAT SILENCE

Once all have received communion and the Holy Table has been cleared, the community observes a moment of silent reflection and prayer.

Presider Jesus said to his disciples, "Come away to a quiet place and rest for a while." Therefore, let us now rest in Christ's presence in the silence.

A prolonged silence is kept. At a signal from the Presider, the silence is broken.

POST-COMMUNION PRAYER Stand

After the Great Silence the Presider invites the congregation to stand and pray saying:

Presider God is with you.

People **And also with you.**

Presider Together, let us pray.

People **Eternal God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live lives grounded in service to you and to one another; through Jesus Christ our Lord. Amen.**

SOLEMN PRAYER OVER THE PEOPLE

The Presider prays over the people as a reminder of God's extravagant love and invites us to go into the world to be God's blessing.

Deacon Bow down your hearts before the Lord our God.

The Presider offers the prayer over the people.

SENDING HYMN 8am

FORTY DAYS AND FORTY NIGHTS

V. 1 AND 5

See music on previous page.

SENDING HYMN 10:30am

AGAIN WE KEEP THIS SOLEMN FAST



1. A - gain we keep this sol - emn fast,
2. The law and proph - ets from of old
3. More spar - ing, there - fore, let us make
4. Let us a - void each harm - ful way
5. We pray, O bless - ed Three in One,



A gift of faith from a - ges past,
In fig - ured ways this Lent fore - told,
The words we speak, the food we take,
That lures the care - less mind a - stray;
Our God while end - less a - ges run,



This Lent which binds us lov - ing - ly
Which Christ, all a - ges' Lord and Guide,
Our sleep, our laugh - ter, ev - 'ry sense;
By watch - ful prayer our spir - its free
That this, our Lent of for - ty days,



To faith and hope and char - i - ty.
In these last days has sanc - ti - fied.
Learn peace through ho - ly pen - i - tence.
From schem - ing of the En - e - my.
May bring us growth and give you praise.

DISMISSAL

Deacon Our worship is ended. Our service in the world begins. Go into the world to love what God loves. Go in Peace to love and serve the Lord.

People **Thanks be to God.**